


Regional Anaesthesia Course 2018

Live Demos from Theatre, Ultrasound Workshops and Cadaveric Anatomy Workshops organised by John Hammond Department of Anaesthesia, East Surrey Hospital

Wed 28 February 2018 at East Surrey Hospital, Redhill

Thu 1 March 2018 at East Surrey Hospital, Redhill

Fri 2 March 2018 at St George's Hospital, London

Surrey and Sussex 
Healthcare NHS Trust

About the Course

- An **eyes-on** and **hands-on** guide to the many aspects of **Regional Anaesthesia** that Anaesthetists have to deal with **daily**, answering the questions: **how to do it and why**.
- A **Faculty of experienced Consultant Anaesthetists** from a variety of hospitals and backgrounds, from the **UK and abroad**, who will lecture and facilitate the workshops.

Course Directors

Dr Fred Sage, East Surrey Hospital
Dr Nick Courtenay-Evans, East Surrey Hospital
Dr Jan Rudiger, East Surrey Hospital
Dr Ganesh Kumar, East Surrey Hospital

Key note speakers

Dr Jens Børglum, Associate Professor of Anaesthesia, Zealand University Hospital, Denmark
Dr Lukas Kirchmair, Consultant Anaesthetist, Community Schwaz Hospital, Austria

Members of the Faculty include:

- **Dr John Barcroft**, RNOH, Stanmore
- **Dr David Burkett-St Laurent**, Royal Gwent Hospital
- **Mr Paul Carter**, St George's Hospital, London
- **Dr Pallavi Dasannacharya**, St George's Hospital, London
- **Mr Martin Goddard**, St George's Hospital, London
- **Dr Andrzej Król**, St George's Hospital, London
- **Dr Susanne Krone**, Queen Victoria Hospital, East Grinstead
- **Dr Krzysztof Kurzatkowski**, UCH, London
- **Dr Matt Mackenzie**, East Surrey Hospital, Redhill
- **Dr Anna Malik**, St George's Hospital, London
- **Dr Harry Murgatroyd**, York Hospital
- **Dr Teresa Parras**, St George's Hospital, London
- **Dr Simon Parrington**, East Surrey Hospital, Redhill
- **Dr Leo Phylactides**, St George's Hospital, London
- **Dr Alison Schulte**, Brighton & Sussex University Hospitals
- **Dr Richard Stoddart**, Brighton & Sussex University Hospitals
- **Dr Athmaja Thottungal**, Kent and Canterbury Hospital
- **Dr Aasifa Tredray**, St George's Hospital, London
- **Dr Oliver Tweedie**, Dorset County Hospital, Dorchester
- **Dr Simeon West**, University College Hospital, London
- **Dr Morné Wolmarans**, Norfolk & Norwich University Hospital
- **Dr Ralph Zumpe**, St George's Hospital, London



Approved by RCoA
for 14 CPD Points

Course suitable for those taking the **European Diploma** in Regional Anaesthesia & Pain Therapy

WORKSHOPS: USG BLOCKS

- Supervised 'hands-on' learning and practice, on live models and phantoms, using a wide range of ultrasound scanners from several different suppliers
- A *choice* of Workshops including some for beginners in ultrasound, others for Anaesthetists with previous experience.

LIVE INTERACTIVE DEMOS

Observe and question, **live via 2-way video/audio link**, experienced Consultants performing at least eight blocks in Theatre.

'STATE-OF-THE ART' LECTURES

CADAVERIC ANATOMY

LECTURES AND WORKSHOPS

at St George's Hospital, London:
Lectures, plus Workshops covering anatomy (pro sections) and needling (soft cadavers): Thorax; Lower Limb; Around Clavicle; and Pelvis.

This course is also supported by unrestricted education grants from:

B | BRAUN
SHARING EXPERTISE

PAJUNK
Pioneering medical technology

Ultrasound equipment supplied and supported by:



Past delegates' feedback on the Course

Video demonstrations were excellent! Live demos – splendid. It made the course very interesting. Good 'hands-on' sessions, small groups, good for sharing experience. Brilliant course, very enthusiastic, helpful, friendly Faculty. Good US for small groups – very easy to ask questions, relaxed style of interaction.

www.regionalanaesthesiacourse.co.uk

DAY 1: WED 28 FEBRUARY 2018

AT EAST SURREY HOSPITAL, REDHILL

08.15 – 09.15 Registration, tea and coffee

09.15 – 09.30 Welcome and introduction

09.30 – 10.15

Ultrasound Workshop Demonstrations

Workshops

Each Workshop lasts 50 minutes.

Each attendee attends six workshops:

- Delegates new to Regional Anaesthesia and US are required to attend workshops 1 and 2.
- Delegates with some previous experience of Regional Anaesthesia and US select **any six** of the ten Workshops to attend, though it is recommended that they attend the Level II and "Ask the Expert" workshops (workshops 3-10).

Delegates receive a workshops schedule on the day.

Workshop numbers are limited to **4 delegates per demonstrator**.

10.20 – 11.10 Workshops Round 1

11.10 – 12.00 Workshops Round 2

12.00 – 12.20 Tea and coffee

12.20 – 13.10 Workshops Round 3

13.10 – 14.10 Lunch, Trade Exhibition
including opportunities to practise further

14.10 – 15.00 Workshops Round 4

15.00 – 15.40

State of the Art Lecture: Quadratus Lumborum Blocks

Dr Jens Børglum, Associate Professor of Anaesthesia,
Zealand University Hospital, Denmark

15.40 – 16.00 Tea and coffee

16.00 – 16.50 Workshops Round 5

16.50 – 17.40 Workshops Round 6

17.40 Close

THE WORKSHOPS

LEVEL I WORKSHOPS:

FOR DELEGATES NEW TO RA AND US

- 1 Technology, Image Generation, Probe Handling and Needling
including opportunities to practise on phantoms
- 2 Simulated Scenarios

LEVEL II WORKSHOPS:

FOR DELEGATES WITH PREVIOUS EXPERIENCE IN RA & US

- 3 Upper Limb – above and around Clavicle
Interscalene, Supraclavicular and Infraclavicular Blocks
- 4 Upper Limb – below Clavicle
Axillary Block; Distal Median, Radial and Ulnar Nerve Blocks
- 5 Abdominal Wall
Rectus, TAP, Quadratus Lumborum and Ilioinguinal Blocks
- 6 Lower Limb
Femoral, Fascia Iliaca, Popliteal

ASK THE EXPERT WORKSHOPS

- 7 Neuraxial US
Epidural and Lumbar Plexus Blocks
- 8 Thorax
Paravertebral, Serratus, Pec, Erector Spinae
- 9 Ankle Blocks
- 10 Obturator, Adductor, Saphenous

DAY 2: THU 1 MARCH 2018

AT EAST SURREY HOSPITAL, REDHILL

08.30 – 08.45 Welcome and introduction

08.45 – 11.45

Live Interactive Demos from Theatres

Live demonstrations from theatre via video/audio link to the lecture theatre, featuring at least four common procedures, Q&A and panel discussion.

Session chaired by Dr Harry Murgatroyd, Dr Oliver Tweedie and Dr Morné Wolmarans, with panellists including

Dr Jens Børglum, Dr Lukas Kirchmair, Dr Teresa Parras, Dr Susanne Krone, Dr Athmaja Thottungal and Dr Simeon West.

Blocks demonstrated are **subject to the day list**, and may include: Ankle Block Axillary Block Femoral Block Forearm Nerve Blocks Rectus Sheath Block Sciatic Nerve Block Supraclavicular Perivascular Suprascapular and Axillary Block

The following have also been suggested: Obturator Blocks and Adductor Canal Blocks Fascia Iliaca Block Infraclavicular Block Interscalene US Paravertebral Pecs and Serratus Blocks Popliteal TAP/QL Blocks

The session includes a break for **tea and coffee**.

11.45 – 12.15 **Lecture**

State of the Art Lecture: Serratus Plane Blocks

Dr Teresa Parras, Consultant Anaesthetist,
St George's Hospital, London

12.15 – 13.15 **Lunch and Trade Exhibition**

13.15 – 16.15

Live Interactive Demos from Theatres

Live demonstrations from theatre via video/audio link to the lecture theatre, featuring at least four common procedures, Q&A and panel discussion.

The blocks demonstrated are subject to the day list.

The session includes a break for *tea and coffee*.

16.15 – 17.00 **LECTURE**

State of the Art Lecture: Blocks in Trauma

Dr Lukas Kirchmair, Consultant Anaesthetist,
Community Schwaz Hospital, Austria

17.00 **Close and Collection of Certificates**

DAY 3: FRI 2 MARCH 2018

AT ST GEORGE'S HOSPITAL ANATOMY DEPARTMENT

Anatomy Lectures, Discussion and Cadaver Workshops

09.30 – 10.00	Registration
10.00 – 12.00	Lectures, Q&A and Discussion
12.00 – 12.45	Lunch
12.45 – 13.00	Move to dissection room
13.00 – 15.00	Cadaver workshops
15.00 – 15.20	Debriefing, collection of certificates, and close

Anatomy Lectures and Discussion

Cadaver Workshops

Led by **Mr Paul Carter** and **Dr Aasifa Tredray**
with **demonstrators from the Faculty**.

There are eight Cadaver Workshops:

Thorax Anatomy

Thorax Needling

Lower Limb Needling

Lower Limb Anatomy

Around Clavicle: Anatomy

Around Clavicle: Needling

Pelvis Needling

Pelvis Anatomy

Delegates divide into groups and
rotate through each of the Workshops.

Group numbers are **limited to 3 delegates per demonstrator**.

THE FACULTY

- **Dr Lukas Kirchmair**, Consultant Anaesthetist, Community Schwaz Hospital, Austria
- **Dr Jens Børglum**, Associate Professor of Anaesthesia, Zealand University Hospital, Denmark
- **Dr John Barcroft**, Consultant Anaesthetist, Royal National Orthopaedic Hospital, Stanmore
- **Dr Milind Bhagwat**, Consultant Anaesthetist, Epsom Hospital
- **Dr David Burkett-St-Laurent**, Consultant Anaesthetist, Royal Gwent Hospital
- **Mr Paul Carter**, Head of Anatomical Sciences, St George's Hospital, London
- **Dr Pallavi Dasannacharya**, Consultant Anaesthetist, St George's Hospital, London
- **Dr Neel Desai**, Regional Anaesthesia Fellow, St George's Hospital, London
- **Dr Ben Eden-Green**, Regional Anaesthesia Fellow, St George's Hospital, London
- **Martin Goddard**, Consultant Knee Surgeon, St George's Hospital, London
- **Dr Andrzej Król**, Consultant Anaesthetist, St George's Hospital, London
- **Dr Susanne Krone**, Consultant Anaesthetist, Queen Victoria Hospital, East Grinstead
- **Dr Krzysztof Kurzatkowski**, Clinical Fellow in Regional Anaesthesia, University College London Hospital
- **Dr Anna Malik**, ST in Anaesthesia, St George's Hospital, London
- **Dr Laura McNulty**, Regional Anaesthesia Fellow, St George's Hospital, London
- **Dr Harry Murgatroyd**, Consultant Anaesthetist, York Hospital
- **Dr Teresa Parras**, Consultant Anaesthetist, St George's Hospital, London
- **Dr Leo Phylactides**, ST in Anaesthesia, St George's Hospital, London
- **Dr Alison Schulte**, Consultant Anaesthetist, Brighton and Sussex University Hospitals NHS Trust
- **Dr Richard Stoddart**, Consultant Anaesthetist, Brighton and Sussex University Hospitals NHS Trust
- **Dr Athmaja Thottungal**, Consultant Anaesthetist, Kent and Canterbury Hospital
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- **Dr Simeon West**, Consultant Anaesthetist, University College Hospital, London
- **Dr Morné Wolmarans**, Consultant Anaesthetist, Norfolk and Norwich University Hospital
- **Dr Ralph Zumpe**, Locum Consultant Anaesthetist, St George's Hospital, London

plus East Surrey Hospital Anaesthetists including:

- **Dr Matt Mackenzie**, Consultant Obstetric Anaesthetist
- **Dr Simon Parrington**, Consultant Anaesthetist
- **Dr Nick Courtney-Evans**, Consultant Anaesthetist
- **Dr Jan Rudiger**, Consultant Anaesthetist
- **Dr Fred Sage**, Consultant Anaesthetist